

POSITION PAPER FOR REHABILITATION

Rehabilitation aims to enable people to maximise *participation* in meaningful social lives.

Rehabilitation recognises that challenges to participation are often multiple and cumulative, and can be located across different levels from the service user's body through to their wider environmental situation.

People providing rehabilitation work in collaboration and partnership with service users, a wide range of health and social care professionals, and other key people such as employers to address challenges to participation.

Rehabilitation can be

- an active human and/or technical, interventional process primarily directed by goals which are defined collaboratively by service users and rehabilitation professionals.
- an approach to working with service users which often exists alongside other approaches or service models such as primary care, social care, disease management and palliative care
- reinforced through service environments, systems and structures

As rehabilitation can be an intervention, approach or system, operating across clinical, functional, social and societal contexts, a diverse range of people have an interest in it.